



## Sept/Oct Updates

### CIA Election Preparedness and Response

As we make our way into November, CIA has created a work group for election response and preparedness. Members have shared and participated in a number of resources that are listed here. It's all hands on deck time, and thanks to our two trainings with Sheri Wander from Meta Peace Team, we are all building on our skills of nonviolent resistance and de-escalation! **We. Are. Ready.**

- If you don't know where to start, then [start here!](#) A great guide to getting involved.
- Join grassroots groups from all over the country in phone call campaigns specific to their communities: <https://www.seedthevote.org>
- Be trained and prepared as an ally, ready to defend elections from voter suppression as an Election Defender with SURJ (Stand Up for Racial Justice): <https://actionnetwork.org/forms/apply-to-be-an-election-defender>
- Check out Choose Democracy for strategies and trainings to work with others across the country to prevent a coup: [choosedemocracy.us](https://choosedemocracy.us)

### Upcoming Facilitators for Virtual Gatherings

Oct. 17 Marisa

Oct. 24 Carla

Oct. 31 Special Halloween Ritual (leaders TBD)

If you would like to lead us in a witchy halloween ritual, email [community.inspired.action@gmail.com](mailto:community.inspired.action@gmail.com) and let us know!



**Upcoming Gatherings:**

Oct. 17, 10:30-11:15am

Oct. 24, 10:30-11:15am

Nov. 7, 10:30-11:15am

Nov. 14, 10:00-11:30am

Nov. 21, 10:30-11:15am

Nov. 28, 10:30-11:15am



**LINK FOR ALL GATHERINGS: <https://bluejeans.com/660699522>**

**For music from ALL CIA sessions, [click here](#).**

**Do you want to share your creative energy with CIA?**

In our co-creative community space, your skills and offerings are encouraged and needed. Contact [community.inspired.action@gmail.com](mailto:community.inspired.action@gmail.com) to share about what you do and/or to participate in future CIA gatherings. Thank you, and we look forward to seeing you next time!

**Don't forget to check out our [website](#) and [facebook page](#) where we regularly post updates and pictures!**