



March Updates and Calls to Action

CIA Changes due to COVID-19

Hello dear friends. As you already know, we have moved to all virtual meetings during this time. We are gathering **every Saturday from 10:30-11:00**, though on the **2nd Saturday of the month, we gather for our regular session from 10:00-11:15**. Please note the link to the video conferences on the second page of our newsletter. We hope to see you all there and look forward to these grounding check ins. If you have any interest in leading one of our short sessions, please email us at community.inspired.action@gmail.com. Anyone is invited to join us at any time, so feel free to spread the word!!

If you are looking for a message to carry you through this moment, [here's](#) a beautiful poem Hannah shared with us.

Calls to Action

There are a lot of ways to show up for our community right now. We can take care of ourselves and each other by being physically distant and we can also show up to support our more vulnerable friends and neighbors. Here's a list of opportunities with hyperlinks:

- [Fund](#) to support nurses in getting protective gear
- [Fund](#) to support undocumented immigrants in Southeast MI during COVID shut downs
- [Petition](#) for Washtenaw County residents, asking to protect our friends, family, and neighbors who are currently incarcerated.
- [Join](#) the Mutual Aid Network to stay tuned to how to the many ways we can show up for our community right now.
- [Follow](#) our friends at Peace House to keep up-to-date on ways to support those experiencing homelessness during this time



Virtual Meetings in April:

April 4, 10:30-11:00am

April 11, 10:00-11:15am

April 18, 10:30-11:00am

April 25, 10:30-11:00am

Link for ALL April Gatherings: <https://bluejeans.com/748882135>

The playlist from March 28th session is available [here!](#)

Do you want to share your creative energy with CIA?

In our co-creative community space, your skills and offerings are encouraged and needed. Contact community.inspired.action@gmail.com to share about what you do and/or to participate in future CIA gatherings. Thank you, and we look forward to seeing you in January!

Don't forget to check out our [website](#) and [facebook page](#) where we regularly post updates and pictures!